

Free resources, in the order *they actually help.*

A library map for the physician, NP, or PA who owns a private medical practice and wants to adopt AI without losing control of documentation, compliance, or patients.

WHAT THIS IS

A map of every free resource in the dx80 library, arranged as a journey: understand the problem, measure your own practice, put governance in writing, then implement well. Everything is free. No email gate. Every material research statistic is linked to its original source, and interpretive or operational recommendations are identified as dx80's translation.

HOW TO USE IT

Read this page, then start at whichever stage matches where your practice is today. Most owners start at Stage 1 or Stage 2. If AI tools are already in your building, consider starting at Stage 3.

The journey

Stage 1, Understand. Five research translations. The published evidence on documentation burden and what AI tools actually deliver, each one read fully and translated into what it means for a private medical practice.

Stage 2, Assess. Measure your own day before you change it. A do-it-yourself time-study worksheet, the paper version of the first step of our ADPIE process.

Stage 3, Govern. Put it in writing before the tools multiply: an AI policy starter, a staff conversation script, plain-language HIPAA basics, a vendor and BAA checklist, and an approved-tools list template.

Stage 4, Implement. Choose and use tools well: an AI-scribe vetting checklist and documentation-prompt basics. In that order on purpose. Provider training comes first. Tool setup comes second.

Then, if you want it done with you: the ADPIE Assessment. Everything in this library is the do-it-yourself path. The ADPIE Assessment is the same work done in your practice, with your staff, measured before and after. Details at dx80group.com/adpie. No resource in this library requires it.

The resources

Stage	Resource	What it does
1 · Understand	The 5.8-Hour Day	The national EHR time data, translated.
1 · Understand	Pajama Time, Quantified	After-hours work, in published numbers.
1 · Understand	The Education Gap	Adoption nearly doubled. Training did not keep up.

1 · Understand	What AI Notes Get Wrong	The error data every scribe user should know.
1 · Understand	What Actually Happens to Burnout	The honest before and after.
2 · Assess	DIY Time-Study Worksheet	Measure one full clinic day yourself. Fillable.
3 · Govern	AI Policy Starter	A written policy template. DRAFT, for your attorney.
3 · Govern	Staff AI Conversation Script	Surface unapproved AI use without a witch hunt.
3 · Govern	HIPAA for AI: The Basics	Plain-language rules of the road. DRAFT.
3 · Govern	BAA and Vendor-PHI Checklist	What to demand before PHI touches a vendor. DRAFT.
3 · Govern	Approved AI Tools List	One page that ends the guessing. Fillable.
4 · Implement	AI Scribe Vetting Checklist	The questions vendors should have to answer.
4 · Implement	Documentation Prompt Basics	Get better notes out of whatever you use.

The rules this library follows

- Free means free. No email gate, no upsell behind a download button.
- Every material statistic is tied to its original source, with a link so you can check our work; derived figures and their limits are identified as such.
- Vendor neutral. You own your setup, not a vendor.
- Nothing here is legal, medical, or compliance advice. Documents marked DRAFT go to your attorney before adoption.
- If we got something wrong, tell us. That is the editorial policy.

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